

LASER CATARACT SURGERY POSTOPERATIVE INSTRUCTIONS

1. POST OPERATIVE EYE DROPS

- VOLTAREN: Instill 1 drop 3 times a day for 2 weeks
- TOBRADEX: Instill 1 drop 3 times a day for 4 weeks
- SYSTANE: Instill 1 drop 4 times a day for 4 weeks

**** BEGIN USING DROPS AT _____ AM / PM ****

2. EYE SHIELD

- Wear the eye shield(s) tonight to protect your eyes while sleeping.
- DO NOT RUB YOUR EYES.

3. PRECAUTIONS

- You may return to all normal activities, including lifting, bending, reading, watching TV, etc. tomorrow.
- Wear sunglasses while outdoors if you find the sunlight bothersome.
- Avoid swimming or any water with a high chlorine level for three weeks following surgery. Bathing or showering the next day is fine.

**** Your vision may remain blurry, cloudy or foggy for a few days after surgery****

4. EMERGENCY CONTACT

- In case of an emergency, please call our office at (306) 244-2111 or Dr. Conlon's cellular at (306) 262-3937, for further assessment.

5. APPOINTMENT

- Your follow-up appointment has been scheduled for: